

**Friday, February 20, 2009**

**8:00 – 8:30 AM**

**Welcome Address**

*Andrew Plump, MD, PhD, Chair, Sarnoff Alumni Committee*

**8:30 – 9:00 AM**

**Creating Your Future**

*Valentin Fuster, MD, PhD, Richard Gorlin, MD/Heart Research Foundation  
Professor, Mount Sinai School of Medicine*

Senior Sarnoff Leaders play a critical role in developing the alumni of the foundation. These leaders bring in depth personal experience and scientific credibility that benefit the career development of the alumni. This session will allow a Senior Leader to share their perspective, interact with alumni, and further enhance participation in the Sarnoff community.

**9:00 – 10:30 AM**

**Personal Leadership Insights (1)**

*Kathleen Ponder, Duke Corporate Education*

Having an awareness of your personal Leadership style is a critical management capability. Gaining this insight through reflection and analysis of a broad range of leadership styles helps illuminate strengths and developmental opportunities. This session will debrief the FIRO-B self-assessment to bring awareness to each individual's interpersonal needs and how these needs influence their relationship with others and in teams.

**10:30 – 10:45 AM**

**Break**

**10:45 AM – 12:00 PM**

**Leading Teams**

*Marla Tuchinsky, Duke Corporate Education*

Leading teams is one of a manager's key responsibilities. Understanding the interests of the team members and maximizing their contributions can contribute to the sense of shared purpose and alignment that typifies high performance teams. This session will focus on understanding the characteristics of high performance teams and how to achieve common goals.

**12:00 – 1:00 PM**

**Lunch**

**1:00 – 2:00 PM**

**Leadership Address**

*Carlin Long, MD, Past Chair, Sarnoff Scientific Committee*

Mentoring is a critical aspect of leadership. This session will offer personal insight into the benefits of giving and receiving in a mentoring relationship, guidance on finding and sustaining a mentoring relationship, and how to best utilize the resources of the Sarnoff alumni community.

- 2:00 – 2:15 PM**                      **Break**
- 2:15 – 3:30 PM**                      **Networking for Learning, Mentoring, and Funding**  
*Michael Serino, Duke Corporate Education*
- Social networks are powerful mechanisms to gain knowledge and interact in a broad community. Many professionals use their networks to expand their contacts, seek support, share experiences, build relationships and promote their careers. This session will provide a practical orientation to social networks and how to leverage those networks to achieve professional goals.
- 3:30 – 3:45 PM**                      **Break**
- 3:45 – 5:00 PM**                      **Round Table Discussions with Sarnoff Mentors on Networking Topics**  
*David Pinsky, MD, and Andrew Plump, MD, PhD*
- 5:45 – 6:30 PM**                      **Reception: Wine Tasting**  
The Washington Duke Sommelier will host an instructional and fun wine tasting session. The group will experience a selection of wines, paired with appetizers. The session hopes to be informational and put your knowledge and taste buds to the test!
- 6:30 – 8:00 PM**                      **Dinner**
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## Saturday, February 21, 2009

- 8:30 – 9:45 AM**                      **Personal Leadership Insights (2)**  
*Kathleen Ponder, Duke Corporate Education*
- This session will debrief the Change Style Indicator self-assessment instrument to help the participant understand, manage, and leverage their unreflected response to change and innovation. In addition, the assessment will provide insight to appropriately supporting implementation of change initiatives as leaders.
- 9:45 – 10:00 AM**                      **Break**
- 10:00 – 11:30 AM**                      **Collaboration Oriented Experience**  
*Kathleen Ponder, Duke Corporate Education*
- Employing non-traditional learning methods is a hallmark of Duke Corporate Education's approach. Electric Carpet is a team and communication challenge that provides an opportunity for teams to collaborate, innovate, compete and communicate in a way that will yield benefits to their work with their own teams.
- 11:30 AM – 12:30 PM**                      **Lunch**

**12:30 – 1:45 PM**

**Selling Knowledge and Ideas**

*Michael Serino, Duke Corporate Education*

Understanding how to articulate and market ideas is a critical capability for success in the scientific world. This skill includes how to communicate, develop rapport and establish mutual interests with stakeholders. Through a facilitated discussion and stakeholder analysis, participants will prepare for a dialogue about their work and articulate how others can contribute to their success.

**1:45 – 2:15 PM**

**Sarnoff Foundation Plans & Updates**

*Charles Lowenstein, MD, Chair, Sarnoff Board of Directors*

**2:15 – 2:30 PM**

**Closing Remarks**

*Andrew Plump, MD, PhD, Chair, Sarnoff Alumni Committee*

**2:30 PM**

**Adjourn**